



Contact

City of Ingolstadt
Youth and family office
Coordination office for early childhood (KoKi)

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We are happy to take time for you. Therefore, we ask to make an appointment in advance.

A good start into a child's life



**Coordination office
for early childhood (KoKi)**



Bundesstiftung
Frühe Hilfen

Gefördert vom:

Bundesministerium
für Familie, Senioren, Frauen
und Jugend



What is KoKi?

The coordination office for early childhood (KoKi – Koordinationsstelle frühe Kindheit) provides services for pregnant women and parents with children between the ages of 0 to 3 years.

Its main purpose is to support and guide families who have infants or small children and are in challenging life situations.



When does KoKi support you?

KoKi has qualified workers who you can contact in the following situations:

- Questions concerning pregnancy and giving birth
- Insecurities about the care and treatment of the child
- Stress and exhaustion in everyday situations
- Missing support from (ex)partner, grandparents, friends, etc.
- Relationship issues
- Illness or psychological overload
- Financial worries etc.

How does KoKi support you? We provide:

- Consultation for (expecting) parents and relatives on our premises or upon request at your home or elsewhere
- Information about local care and support initiatives
- Support in making contact with agencies, institutions and specialists
- The organization of early help, e.g. Partners in family-health matters (Gesundheitsorientierte Familienbegleitung – GFB), Wellcome, domestic help, household training

**All offers are trustworthy and for free.
All information is treated with care and confidentiality!**

A strong network

We work very closely together with our network-partners in offices, institutions and professions who work with and for families, e. g.:

- health care
- representatives of youth welfare
- counselling centres
- representatives of Early Help
- day care
- volunteer networks
- non-profit organizations
- therapeutical institutions
- supporters of social security

